

Personal/Individual Packing List

- Sack Lunch -- for the first afternoon we are there
- Camp Chair -- that is light and portable as you will be carrying it from place to place throughout each day, but it also needs to be comfortable as you will spend a lot of time sitting in it each day.
- Book of Mormon outfits – wear one and bring one another one just in case.
- Book of Mormon /scriptures
- Pen
- Plastic dinner plate – this is what the cooks will put your food on at meal time
- Pillow
- Sleeping bags – we suggest bringing 2 sleeping bags (one to put inside the other one) the nights will be cold and this will help you stay warm
- Sleeping pad
- Sweatshirt
- Jacket or coat – it will be cold in the mornings and at night
- Beanie
- Gloves
- Rain poncho or rain gear of some kind
- Underwear
- Socks
- Shoes
- Warm pajamas
- Toothbrush and toothpaste
- Deodorant
- Hand sanitizer for before meals and after bathroom use
- Moist towelettes --for before meals and after bathroom use
- Hairbrush or comb
- Flashlight
- Sunscreen