

“POTATOE SACK” Costume Instructions:

I have one of the easiest costumes on the planet to make—3 seams only. The best part about this costume is - it’s basically two rectangles!

NOTE: These “potato sack” costumes can be made in any length; the directions are EXACTLY the same! Here are the supplies that you will need:

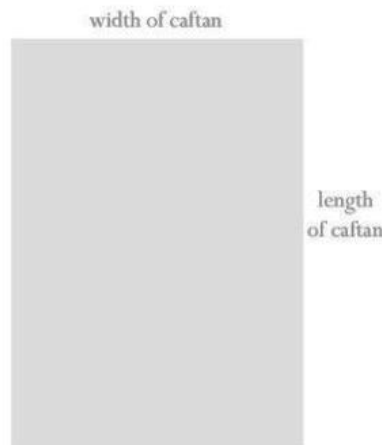
- Fabric (provided in sack)
- Tape Measure
- Sewing machine, thread

INSTRUCTIONS:

1. With your arms straight out, measure from just above your elbow to just above your elbow on the other side. Record this measurement. This measurement will be your **width**.
2. You will also need your **length** of where you want the potato sack to end.
 - a. If you are a male ensemble you want your potato sack length to go from your shoulder and hit right below your knee and/or mid-calf/shin to ensure that you are fully covered as you do all of your choreography, bending over and kneeling. You do not need to stress about making your potato sack too long; you could always roll hem the length of your potato sack up to the desired location. If you cut the sack too short then you will have problems keeping yourself covered. Aim for that below knee and/or mid-calf/shin area. Record this measurement.
 - b. If you’ve been instructed to make a “long potato sack dress” or then take your sack length all the way to your ankle. Record this measurement.
3. Write your measurements below and cut the fabric provided in your bag to create two rectangles in these measurements.



Width: _____ Length: _____



4. Use another shirt to measure the neckline so it will be big enough to pull over your head. Record this measurement below: *(average size is 8-10 inches)*

Neckline: _____

- With the right sides (front of each fabric piece) together, sew the top pieces of your fabric together.
- Fold your sewn fabric pieces in half width-wise. Take half your neck measurement and mark. Cut out a neck opening similar to this one show in the pictures below.



- Using another shirt as a guide, measure down how far you want an armhole. I used 7 inches.
- Sew the sides under the armholes marked.



Sew the sides under the armholes marked.

- Try the potato sack on and figure out where and if you need to make the sack more fitted to your body. A belt will be provided that will give the costume shape; see picture.

- Roll hem** or surge all edges: neck, armholes, bottom of sack
This type of hem finish is usually used on lightweight and delicate fabrics, and produces a very, very small turned hem so the fabric won't fray. See tutorial below if you don't know how to do it:

<http://blog.megannielsen.com/2013/05/3-ways-to-sew-a-rolled-hem/>

- Wash and iron your fabric to remove the "puffiness" of the fabric.
- Using a small extra piece of fabric and a safety pin, write your name on the fabric in a black marker and pin it to the back of the neck where your "size tag" normally goes. This will help us know whose costume this is.



You are done!