## **Costume Instructions**

I have one of the easiest costumes on the planet to make—3 seams only. The best part about this costume is - it's basically two rectangles!

**SUPPLIES NEEDED:** 

Fabric (provided in sack), Tape Measure, Sewing machine, thread

## **INSTRUCTIONS:**

1. With your arms straight out, measure from just above your elbow to just above your elbow on the other

side. Record this measurement. This measurement will be

your width.

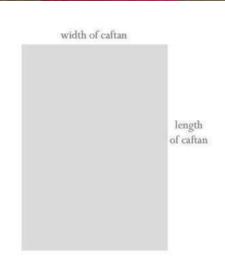
- You will also need your <u>length</u> of where you want the potato sack robe to end. Take your sack length all the way down from your **shoulder to your ankle**. <u>Record this</u> <u>measurement</u>.
- 3. Write your measurements below and cut the fabric provided in your bag to create two rectangles in these measurements.

Step 1

With your arms straight out, measure from just above your elbow to just above your elbow on the other side. Record measurement. (Mine is 22inches). This is the width of your caftan.

Width: \_\_\_\_\_ Length: \_\_\_\_





4. Use another shirt to measure the neckline so it will be big enough to pull over your head. Record this measurement below: (average size is 8-10 inches)

Neckline:

- 5. With the right sides (front of each fabric piece) together, sew the top pieces of your fabric together.
- 6. Fold your sewn fabric pieces in half width-wise. Take <u>half your neck measurement</u> and mark. Cut out a neck opening similar to this one show in the pictures below.





- 7. Using another shirt as a guide, measure down how far you want an armhole. I used 7 inches.
- 8. Sew the sides under the armholes marked.

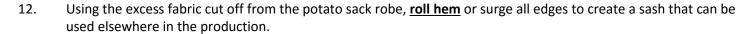


Sew the sides under the armholes marked.

- 9. Now that the long potato sack has been made, we need to <u>cut it open</u> to become a robe. Lay the robe down on the ground and cut from the center of the neckline down to the bottom of the potato sack (follow the solid line cutting example included in the picture to the right).
- 10. Now that the long potato sack has been cut open to "become a robe" we need to cut off 6-8 inches of fabric from the front so that it doesn't hide the actor's clothing that he/she will be wearing underneath the potato sack robe. Using the potato sack neckline as your guide (and referring to the picture below to help you), cut from the edge of the neck straight down (follow the dotted lines in picture) to remove the excess fabric from the robe.
- 11. <u>Roll hem</u> or surge all edges: neck, armholes, bottom of potato sack robe

  This type of hem finish is usually used on lightweight and delicate fabrics, and produces a very, very small turned hem so the fabric won't fray. See tutorial below if you don't know how to do it:

http://blog.megannielsen.com/2013/05/3-ways-to-sew-a-rolled-hem/



- 13. Wash and iron your fabric to remove the "puffiness" of the fabric.
- 12. Using a small extra piece of fabric and a safety pin, write your name on the fabric in a black marker and pin it to the back of the neck where your "size tag" normally goes. This will help us know whose costume this is.

You are done!